

# ISSUE 21 (JUNE-2022)

Newsletter of the Consulate General of India, Toronto

# **International Day of Yoga - 2022** Yoga celebrations at CN Tower





On 21 June 2022, Consulate General of India, Toronto organized 'Yoga on the Edge Walk' at CN Tower, an iconic location in Canada. Edge Walk is the "World's Highest External Walk on a Building" (Guinness World Record), a full circle handsfree walk on a 5 feet (1.5 m) wide ledge encircling the top of the Tower's main pod. The event was organized under the observation of experts for collaboration with Young Canada Alliance & Isha Foundation. This activity led to perfect amalgamation of ancient yoga with modern era at a picture-perfect location at a height of 553.3 metres, where Yoga enthusiasts pushed their personal limits while doing yoga, allowing them to lean back on nothing but air and breathtaking views of Lake Ontario beneath them. The event received huge response from the general public and the media.



# Yoga celebrations at Niagara Falls



On 21 June, 2022, Consulate organized a Yoga event at Niagara Falls, one of the iconic locations of North America in collaboration with Indo-Canada Arts Council & Art of Living The location straddles the international borders of Canada and United States of America. Swami Sadyojathah from Art of Living Foundation led the yoga session in a calm and peaceful environment. The event was livestreamed on Doordarshan. Consul General Apoorva Srivastava addressed the gathering and highlighted the physical and mental benefits of regular yoga practice.

### Yoga celebrations at Trillium Park



A unique yoga event was organized by Consulate General of India, Toronto Canada India Foundation at Trillium Park with backdrop of iconic CN Tower. The event was live streamed on Doordarshan to celebrate International Day of Yoga and National Indigenous Day of Canada.



# Yoga session led by Ms Pooja Batra, Actress & Former Miss India

Consulate organized a mega yoga event in association with V Serve Canada to celebrate International Day of Yoga. It was a two-day event where the yoga sessions were led by Ms. Pooja Batra, Actress & former Miss India. The event saw enthusiastic participation. Consul General Apoorva Srivastava addressed the yoga enthusiasts on this occasion and highlighted the benefits of regular yoga practice.





Yoga events in other Provinces



Ekal Vidyalaya & Gujrati Samaj Windsor Essex organized a yoga session at Point Peele, the southernmost tip of the Canadian mainland in collaboration with Art of Living Foundation.



Yoga session at the iconic Halifax Waterfront in collaboration with Hindu Temple Halifax.



Yoga was performed at a beautiful and calm location in New Foundland by Friends of India Association.



Ekal Bharat and Gujrati Samaj organized a Yoga Event at the Central Park, Windsor in association with Art of Living Foundation.



### Yoga events held at different iconic locations in other Provinces (cont'd)



Indo-Canadian Association of Nova Scotia organized a Yoga Awareness Event at the iconic Halifax Public Garden to popularize yoga.



Consulate in association with AIC Group and Indian Community Fredericton organized a special event for yoga enthusiasts at New Brunswick.



Shrimad Rajchandra Mission Dharampur (SRMD) organized a virtual week-long International Day of Yoga-2022 from June 15-21 June, 2022. The videos were telecast on Consulate's social media platforms every day for the entire week.



Hindu Society of Manitoba & Manitoba Hindu Senior association organized a Yoga event in Winnipeg. The event was graced by Member of Parliament, Ms. Janice Morley Lacombe.



Consulate in association with Canada-India Foundation (CIF) organized a virtual session with Sister Shivani on the topic "How do you find stillness in the busy-ness of life."



Consulate organized a Photo Contest of yoga postures from 14 June to 20 June. Numerous entries were received for junior and senior categories. Top 3 winners from both the categories were chosen and gifts were sent to them as a token of appreciation. Apart from this, certificates of participation were sent to little kids who participated in the event.



# Welcome ceremony for Indian students at Centennial College



On 1st June 2022, the Consulate organized a welcome ceremony for Indian students at Centennial College. Consul General Apoorva Srivastava delivered a keynote address at the event and highlighted the services and support systems available to Indian international students in Toronto. She advised the students to remain focused on their studies and avoid situations that could bring disrepute or harm to them or their families.

### India Day celebration with PDAC



Consul General Apoorva Srivastava had an excellent discussion with some of the top mining companies during India Day celebrations organized by the Consulate on the sidelines of Prospectors & Developers Association of Canada (PDAC)-2022. The event was organized in association with Process Research ORTECH Inc. (PRO), an organization serving mining, metallurgical, recycling, and chemical industries. Consul General addressed the gather and gave an overview of the opportunities in India in the mining sector and need for forging stronger partnerships between Indian and Canadian companies.



### Dr. Masooma Rizvi's lecture on cultural heritage of Sikh Art

On 17th June 2022, Consulate General of India, Toronto in association with V Serve Canada organized a lecture by Dr. Masooma Rizvi on the wall paintings of Punjab. An exhibition showcasing the rich cultural heritage of Sikh Art was also organized as a part of the Azadi ka Amrit Mahotsav celebrations.



# Interactive sessions with Schulich School of Business





Consulate organized an interactive session with Schulich School of Business on 14 June, 2022 . Consul General Apoorva Srivastava stressed on the need for extending full support to Indian students as they pursue higher studies in Canada. The concerned university/ college authorities assured their full support in ensuring welfare of Indian students. CG also interacted with Indian students and briefed her on their collaboration in India.

# **Collision Conference organized by the Toronto Business Development Centre (TBDC)**

Consul General Apoorva Srivastava attended an interactive session with 24 Indian start-ups that participated in Collision Conference in Toronto. The event was organized by Toronto Business Development Centre and attended by Premier Mr. Doug Ford and several members of Provincial Parliament of Ontario, who extended full support to strengthening start-up corridor between India and Canada.





### Save Max Pan Canada Games

UConsul General Apoorva Srivastava gave away prizes at the Save Max Pan Canada Games – Football, Basketball and Badminton tournament - in various age categories.

# Virtual lecture series of Pharmacological and Therapeutic effect

On 19 June 2022, Canada-India Foundation (CIF) launched a virtual lecture series on pharmacological and therapeutic effect of top 100 traditional ayurvedic medicines. Consul General Apoorva Srivastava appreciated the initiative and thanked CIF for organizing the event.



# Diverse City Festival-2022 at Charlottetown to mark Azadi Ka Amrit Mahotsav



Consulate in association with Kerala Association of Prince Edward Island (KAPEI) hosted an Indian Cultural Booth at the Diverse City Festival-2022 at Charlottetown as part of Azadi Ka Amrit Mahotsav celebrations. The event was organized by Prince Edward Island (PEI) province where KAPEI showcased Indian culture and traditional programs including food sampling, dance performances, photo booth, magic show etc. The event witnessed footfall of 2000+ people.

### Strengthening start-up partnership between India & Canada



On 20 June 2022, Consulate in collaboration with Indo Canada Chamber of Commerce (ICCC) hosted a trade event, which was attended by over 20 Indian start-ups and several Canadian incubators, business entities and other stakeholders. Consul General Apoorva Srivastava addressed the gathering and outlined expanding Indo-Canadian start-up ecosystem and the growing opportunities for growth in the future.



# **Italian Contemporary Film Festival at the Distillery District**

Consulate showcased India as a preferred travel destination through a dedicated kiosk featuring Incredible India packages during the 11th edition of Italian Contemporary Film Festival at the iconic Distillery District from June 24 to July 16, 2022.

The "Incredible India' videos were projected on various screens at this iconic location.



### India Hour at the largest Asian festival in Canada



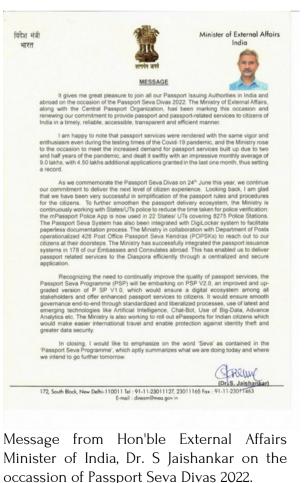
Canadian Hindu Cultural Center (CHCC) organized an event "India Hour" at the Taste of Asia festival, the largest Asian festival in Canada. During the event, dance & music performances from various states of India were organized. Consul General Apoorva Srivastava graced the event and appreciated the cultural events dedicated to the celebration of Azadi ka Amrit Mahotsav. The event was supported by City of Markham and Seneca College.

### Interactive Session with Women Business Leaders



The Consulate organized an interactive business session together with Asia Pacific Foundation with some top women business leaders for promotion of women led businesses in India-Canada trade and economic corridor. The event was graced by Ms. Mary Ng, Minister of International Trade, Export, Small Biz & Economic Development, who gave an overview of the deepening India-Canada business ties and contribution of women in strengthening the bilateral corridor. Consul General also addressed the gathering and highlighted the opportunities for women business leaders in India-Canada partnership. The participants thanked the Minister for creating conducive ecosystems for women-led entities to grow & become global. They also thanked the Consul General for hosting the event.

### Passport Seva Divas 2022





# Tribute paid to victims of Terrorist attack on Air India in 1985



On 23 June 2022, Consul General Apoorva Srivastava paid tributes to the victims of the terrorist attack on Air India Airline Al182 in a solemn ceremony at Queens Park & Humber Bay Park memorials. 37 years ago on this day, 329 innocent lives including 268 Canadian citizens, many of whom were of Indian origin, 27 Britons, and 24 Indians had lost their life in that ghastly attack.

### **Consular Camp at Gurudwara Nanaksar Brampton**



On 18 June 2022, a Consular Camp was held at Gurudwara Nanaksar, Brampton. During the camp, the Consulate officials resolved several queries related to Passport, Visa, Police Clearance Certificate, OCI and Attestation.

### Fashion Show showcasing by Designer Dinesh K Ramsay





On 18 June 2022, Arra Arts in association with the Consulate organized a fashion show by Designer Dinesh K Ramsay showcasing the wide array of Indian textiles as a part of celebrations of Azadi ka Amrit Mahotsav.

Model and Actress Pooja Batra was the showstopper at the event.

